



Staffs Knot Five Miler and 2 Mile Fun Run



Wednesday 10th August 2011

**Cannock Chase Visitors Centre
Marquis Drive Hednesford**

UK Athletics Licence applied for

“A ‘*Road Race*’ in the Countryside. 100% Traffic free”

Fun Run (2 Miles) 6:30pm Main Race 7:15pm

Memento to all finishers in Main race.
Individual Prizes, Team Prizes for main race
Medals for all in Fun Run.

Cash Prize for Course Records. Men 24-48 Ladies 30-52

ENTRY FORM TO BE COMPLETED IN BLOCK CAPITALS

SURNAME.....FIRST NAME.....

ADDRESS.....

.....POST CODE.....TEL. NO.....

Date of Birth.....Male.....Female.....N.S.R.R.A. Number.....

Affiliated Athletic Club (if any).....England Athletics No.....

ENTRY FEES UK AFFILIATED £10 UNATTACHED £12 FUN RUN £3

NO ENTRIES ON THE NIGHT FOR MAIN RACE

Disclaimer and agreement- Please enter me for the above event. I declare I am an amateur as defined by UK Athletics Laws and will abide by the laws and rules of UK Athletics. I accept that the organiser will not be liable for any loss, damage, action, claim, cost or expenses which may arise in the consequence of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and that in any event I will compete at my own risk.

Data Protection information - your details will be retained on computer by the organisers only for the purposes of this event and any future events promoted by the organisers and will not be passed to anyone except for emergency services use, if appropriate.

Signed.....Date.....

Postal Orders/Cheques Payable to “**Stafford Harriers**”. Closing date for Postal entries 5th August 2011

Send entries to Jane Bisiker, 16 Teveray Drive, Penkridge Staffs ST19 5SW. Phone 01785 711103

www.staffordharriers.org

PLEASE ENCLOSE A FULLY STAMPED ADDRESSED ENVELOPE.