

The IPSTONES 5ish



**INCORPORATING A SHORT FUN RUN
(Fun Run Entries on the Day Only)**

September 7th 2019 3-30pm

ENTRY FEES: (PLEASE MAKE CHEQUES PAYABLE TO NSRRA)

Club Runners.....£10.00 Unattached.....£12.00

Medal to All Finishers

Please return the completed entry form below to:
Ipstones 5ish, 6 Gardenholm Close, Lightwood, Stoke-on-Trent, ST3 7YQ
For further details telephone: Ken Rushton (01782) 330853
Or E-Mail kenrushton54@gmail.com

ENTRY FORM

Please Tick: Male <input type="checkbox"/>			Female <input type="checkbox"/>		
Surname:		First Name:		Other Initial:	
U.K Affiliated Club: <small>(if not a club member write unaffiliated)</small>		NSRRA No: <small>(Leave blank if you are not a member)</small>			
Age on race day: <small>*NB Entrants under 18 years of age must have signed permission from parent or guardian.</small>		Total Amount enclosed: £			
Address:					
Telephone number: (Day)			(Evening)		
<small>Minimum age for the race is 15 years on or before the race day. I declare that: (1) I am an amateur under UK Athletics rules; (2) I will abide by the UK Athletics laws and rules; (3) I enter and intend to run entirely at my own risk.</small>					
Runner's Signature:			* Parent's/ Guardian's Signature:		
Date:					

All race numbers to be collected on Race Day from Ipstones Memorial Hall, ST10 2LD