

| Mens | Team Name | Points | Gap |
|-------------|-------------------|---------------|------------|
| 1) | Stone MM | 3532 | |
| 2) | Trentham | 3529 | -3 |
| 3) | South Cheshire | 3265 | -267 |
| 4) | Newcastle | 3113 | -419 |
| 5) | Stoke FIT | 3039 | -493 |
| 6) | Silverdale | 2895 | -637 |
| 7) | Stafford Harriers | 2607 | -925 |
| 8) | Gator AC | 2233 | -1299 |
| 9) | NSRRA | 1804 | -1728 |

| Ladies | Team Name | Points | Gap |
|---------------|-------------------------|---------------|------------|
| 1) | Trentham | 2399 | |
| 2) | Stone MM | 2384 | -15 |
| 3) | Stoke FIT | 2329 | -70 |
| 4) | South Cheshire Harriers | 2282 | -117 |
| 5) | Silverdale | 2067 | -332 |
| 6) | Stafford Harriers | 1679 | -720 |
| 7) | NSRRA | 809 | -1590 |
| 8) | Blythe Bridge | 635 | -1764 |