

Pts	Rs	Group A	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT
249	5	Tom Chell	25	City of Stoke AC	49.8	50	50	50	49	50															
197	4	Carl Moulton	45	Boalloy RC	49.3	49		49	50	49															
140	3	Christian Prince	34	Gator AC	46.7	45	48			47															
137	3	Martin Cross	34	Stone Master Marathoners	45.7	42	47		48																
127	3	Colin McEvoy	45	Trentham RC	42.3	38		46		43															
94	2	Ben Bewley	43	Newcastle (Staffs) AC	47.0			48		46															
92	2	Adam Tyson	43	Newcastle (Staffs) AC	46.0	44				48															
92	2	Steve Jones	48	NSRRA	46.0			47		45															
87	2	Simon Fawcett	44	Unattached	43.5	41	46																		
84	2	James Simpson	53	South Cheshire Harriers	42.0	39		45																	
84	2	Chris Mosiuk	39	Trentham RC	42.0	40				44															
49	1	Paul Sissons	44	Stone Master Marathoners	49.0		49																		
48	1	Ben Brereton	30	Newcastle (Staffs)AC	48.0	48																			
47	1	Matt Eardley	43	City of Stoke AC	47.0	47																			
46	1	Martin Pratt	41	Trentham RC	46.0	46																			
43	1	Craig Taylor	43	Newcastle (Staffs) AC	43.0	43																			
Pts	Rs	Group B	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT
247	5	Tom Young	36	Newcastle (Staffs) AC	49.4	50	48	50	50	49															
237	5	Leigh Matthews	49	NSRRA	47.4	47	47	47	49	47															
197	4	James Taylor	27	Newcastle (Staffs) AC	49.3	49	49	49		50															
179	4	Tim Twentyman	59	Newcastle(Staffs) AC	44.8	45	46	43		45															
155	4	Darren Pyatt	58	Stone Master Marathoners	38.8	35	42	41		37															
133	3	Lee Davies	40	Silverdale RC	44.3		44		48	41															
132	3	Sidney Hibberd	16	Boalloy RC	44.0	42		44		46															
131	3	Glynn Pattinson	54	Cheadle RC	43.7	43		45		43															
92	2	Sam Mensing	17	Newcastle(Staffs) AC	46.0	44		48																	
90	2	Darrell Ward	48	Cheadle RC	45.0			46		44															
90	2	Nathan Smith	32	Gator AC	45.0	48				42															
87	2	Sam Risillo	40	Stone Master Marathoners	43.5		45	42																	
83	2	Steve McCann	48	Stone Master Marathoners	41.5				45	38															
83	2	Mick Haire	62	Boalloy RC	41.5	37			46																
81	2	Ian Barker	40	NSRRA	40.5	38	43																		
80	2	Paul Roden	43	Unattached	40.0	41				39															
76	2	Richard Cordova	57	NSRRA	38.0	36				40															
50	1	Ben Marshall	33	Gator AC	50.0		50																		
48	1	Pat Buckingham	41	Gator AC	48.0					48															
47	1	Rob Humphries	37	Rugeley Runners	47.0				47																
46	1	Alex Harford	44	Newcastle (Staffs) AC	46.0	46																			
40	1	Pat Hudson	45	South Cheshire Harriers	40.0	40																			
39	1	Lee Turner	41	NSRRA	39.0	39																			
Pts	Rs	Group C	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT
240	5	Martin Cooper	37	NSRRA	48.0	43	49	49	50	49															
191	4	Darren Mottram	49	Biddulph RC	47.8	50	50	48		43															
174	4	Phil Plant	51	Cheadle RC	43.5	39		46	48	41															
170	4	Chris Brown	57	Stone Master Marathoners	42.5	36	47		45	42															
169	4	Rob Metcalf	44	Stone Master Marathoners	42.3	32	45	45	47																

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74	2	Adam Goodger	39	Uttoxeter RR	37.0		37			37																
69	2	David Roberts	62	Newcastle(Staffs) AC	34.5	36				33																
69	2	Richard Marshall	46	NSRRA	34.5	38				31																
69	2	Edward Swann	43	NSRRA	34.5	29			40																	
68	2	David Nimmo	43	South Cheshire Harriers	34.0	32	36																			
64	2	Dan Woolliscroft	33	Gator AC	32.0	30				34																
45	1	Peter Mallinson	54	South Cheshire Harriers	45.0			45																		
43	1	Andrew Wadsworth	65	Sparkhill Harriers	43.0		43																			
43	1	David Kivlin	48	South Cheshire Harriers	43.0	43																				
41	1	Grahame Cope	54	Stone Master Marathoners	41.0	41																				
38	1	Ian Hodkinson	53	Stafford Harriers	38.0		38																			
Pts	Rs	Group E	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
239	5	Chris Hallsworth	40	Lonely Goat RC	47.8	45	48	50	48	48																
232	5	Matt Walker	35	NSRRA	46.4	42	50	49	45	46																
216	5	Jonathan Wright	39	NSRRA	43.2	43	41	48	40	44																
199	5	Richard Dunn	49	NSRRA	39.8	32	40	43	41	43																
193	4	Daniel Alcock	32	NSRRA	48.3	46	47		50	50																
176	5	James Mitchell	39	Stoke FIT	35.2	26	39	39	36	36																
165	4	Ian Hancock	59	NSRRA	41.3	37	43	41	44																	
156	4	Mark Parker	52	Biddulph RC	39.0	36		42	38	40																
148	4	Daniel Mellor	37	Alsager Runners	37.0	34		40	37	37																
147	5	Chris Turner	39	Staffs Moorlands AC	29.4	21	31	33	34	28																
136	3	Richard Ankers	46	Newcastle (Staffs) AC	45.3	40			47	49																
133	3	Pete Chell	56	Stafford Harriers	44.3	41		47		45																
131	4	Dennis Robinson	68	South Cheshire Harriers	32.8		33	35	33	30																
126	4	Steven Locker	70	Unattached	31.5	20	35	38		33																
125	4	Rob Ibbs	55	Newcastle (Staffs) AC	31.3	22	37	34		32																
112	3	Pab Maddox	59	Newcastle (Staffs) AC	37.3	27		46		39																
109	3	Richard Cooke	46	Stone Master Marathoners	36.3	35			39	35																
106	3	Matthew Burley	44	Trentham RC	35.3	30			35	41																
106	3	Richard Cherrington	49	South Cheshire Harriers	35.3	33	36	37																		
98	2	Ashleigh Baker	31	Unattached	49.0		49		49																	
94	2	Peter Harris	36	South Cheshire Harriers	47.0	50		44																		
93	2	Russell Wilkes	49	Newcastle (Staffs) AC	46.5	47	46																			
91	3	Thomas Forrester	37	NSRRA	30.3	25	32			34																
91	2	Paul Burslem	59	Trentham RC	45.5			45	46																	
88	2	Mark Stackhouse	53	Rugeley Runners	44.0		45		43																	
86	2	Marc Willett	39	Silverdale RC	43.0	48				38																
86	2	Roger Whitehurst	57	Gator AC	43.0	44				42																
81	2	Jason Riley	52	Newcastle (Staffs) Tri	40.5	39			42																	
77	3	Andy Hammonds	54	Unattached	25.7	18		32		27																
69	2	James Tutton	44	Stoke FIT	34.5	31	38																			
67	2	Matthew Kingston	31	Essington Harriers	33.5			36	31																	
63	2	Kevin Uzzell	77	Stone Master Marathoners	31.5		34			29																
54	2	Mark Gibson	45	Trentham RC	27.0	23				31																
54	2	Steve Plant	56	Stone Master Marathoners	27.0	24	30																			
49	1	Nathan Kapp	33	South Cheshire Harriers	49.0	49																				
47	1	Alexander Prince	31	Unattached	47.0					47																
44	1	Elliot Boyle	31	Unattached	44.0		44																			

42	1	Lee Lawton	28	Unattached	42.0		42																			
38	1	Christopher Swann	42	South Cheshire Harriers	38.0	38																				
32	1	Ken Shenton	67	Cheadle RC	32.0				32																	
29	1	Rob Moran	56	Silverdale RC	29.0	29																				
28	1	Jonathan Green	43	South Cheshire Harriers	28.0	28																				
19	1	Bernard Clarke	51	Mow Cop Runners	19.0	19																				
Pts	Rs	Group F	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
222	5	Gregory Ankers	37	NSRRA	44.4	38	47	47	47	43																
200	4	Rob Massey	53	Uttoxeter RR	50.0	50	50	50		50																
193	5	Clive Heathcock	68	South Cheshire Harriers	38.6	30	41	39	45	38																
181	4	Andy Pointon	51	Silverdale RC	45.3	45	48	44		44																
158	4	Mick Williams	66	NSRRA	39.5	35	43	36	44																	
155	4	Jon Land	40	Go Team	38.8	32	45	42		36																
144	3	Ben Freeman	38	South Cheshire Harriers	48.0	47	49		48																	
140	3	Trevor Hoyle	64	Silverdale RC	46.7	44		49		47																
133	3	David Taylor	55	Rugeley Runners	44.3		42	41	50																	
131	3	Neil Regnauld	69	Newcastle (Staffs) AC	43.7	41		48		42																
126	3	Jason Dean	40	NSRRA	42.0	42	44	40																		
125	4	James Warburton	44	Unattached	31.3	24	37	32		32																
124	3	Andrew Crosby	53	Blythe Bridge RC	41.3	37	46			41																
119	3	Rob Sillito	36	Stoke FIT	39.7	39		34	46																	
119	3	Alexander Baggaley	16	Trentham RC	39.7	46		38		35																
116	3	Ryan Dale	44	NSRRA	38.7			37	42	37																
114	3	Alan Challinor	72	Newcastle (Staffs) AC	38.0	31	40	43																		
109	3	David Drayton-Green	54	Unattached	36.3	27			43	39																
107	3	Charles Larsson	57	Silverdale RC	35.7	28	39			40																
98	2	Sam Chappell	45	Trentham RC	49.0	49				49																
96	2	Andy Morris	50	South Cheshire Harriers	48.0	48				48																
91	3	Duncan Richardson	53	Audley RC	30.3	23		35		33																
91	2	Robert Mills	47	Stoke FIT	45.5			46		45																
91	2	Chris Colebourn	58	NSRRA	45.5			45		46																
90	3	Mark Cope	38	NSRRA	30.0	29		31		30																
73	2	David Hebb	66	Stone Master Marathoners	36.5			33	40																	
64	2	David Wain	42	Silverdale RC	32.0	26	38																			
64	2	Lee Lycett	54	Silverdale RC	32.0	33				31																
52	2	Ian Allen	60	NSRRA	26.0	22		30																		
49	1	Cris Wood	51	Silverdale RC	49.0				49																	
43	1	Chris Hall	41	Silverdale RC	43.0	43																				
41	1	Jon Hillman	41	NSRRA	41.0				41																	
40	1	Mark Dean	59	Staffordshire Moorlands	40.0	40																				
36	1	Mark Wall	54	NSRRA	36.0	36																				
34	1	Alfie Brookes	22	NSRRA	34.0	34																				
34	1	David Wallace	39	Stoke FIT	34.0					34																
29	1	David Baker	69	Staffordshire Moorlands	29.0					29																
28	1	Nigel Lee	71	Newcastle (Staffs) AC	28.0					28																
25	1	Ian Thorley	61	Newcastle (Staffs) AC	25.0	25																				
Pts	Rs	Group G	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
247	5	Christopher Wood	60	Stone Master Marathoners	49.4	48	50	49	50	50																
194	4	Rob Keithley	60	Nantwich RC	48.5	49	49	48	48																	
141	3	Graham Williams	79	Stafford Harriers	47.0	46		46		49																

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212	5	Lynda Clare	60	Cannock & Stafford	42.4	40	44	42	47	39																
198	4	Carly Chawner	36	Stoke FIT	49.5	49	50		50	49																
185	4	Melonie Deakin	55	Stafford Harriers	46.3	41	48	49		47																
180	4	Laura Hughes	45	Trentham RC	45.0	44	47	46		43																
158	4	Emma Phillips	46	Newcastle(Staffs) Tri Cl	39.5	35		40	45	38																
140	3	Rachel Marshall	33	Unattached	46.7	47			48	45																
136	3	Kerry Hammonds	44	Unattached	45.3	45		47		44																
133	3	Julie Dudley	65	Cheadle RC	44.3	46	46			41																
130	3	Susan Twardlocheb	52	Newcastle (Staffs) AC	43.3	42	45	43																		
124	3	Karen Murray	59	Stafford Harriers	41.3		41		46	37																
98	2	Hayley Biggs	39	NSRRA	49.0			50		48																
95	2	Lucy Bexon	43	Audley Striders RC	47.5	50		45																		
84	2	Lisa Chadwick	45	Nantwich RC	42.0			44		40																
81	2	Kat Arnold	45	South Cheshire Harriers	40.5	39	42																			
76	2	Maxine Hough	59	South Cheshire Harriers	38.0	37		39																		
76	2	Liz Clutton	71	Cheadle RC	38.0	38		38																		
76	2	Ruth Farrell	51	Stoke FIT	38.0	36	40																			
50	1	Hazel Burgess	49	Trentham RC	50.0					50																
43	1	Jane Johnson	44	Newcastle (Staffs) AC	43.0	43																				
43	1	Sally Haycock	50	Stafford Harriers	43.0		43																			
42	1	Nicola Blackett	41	Fordy Runs	42.0					42																
41	1	Kerry Podmore	50	South Cheshire Harriers	41.0			41																		
36	1	Helen Wassall	51	Boalloy RC	36.0					36																
Pts	Rs	Group X	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
221	5	Rebecca Ellis	43	Silverdale RC	44.2	44	43	41	48	45																
206	5	Micheline Tremblay	60	South Cheshire Harriers	41.2	38	39	40	46	43																
196	4	Emily Sharp	45	Unattached	49.0	50	48	48		50																
190	4	Eleanor Dronzek	50	Uttoxeter RR	47.5	47	49	45		49																
184	4	Ange Morton	62	Stoke FIT	46.0	46	45	44	49																	
174	4	Laura Rhodes	42	NSRRA	43.5	43	42	42		47																
161	4	Julie Nokes	65	Stafford Harriers	40.3		38	35	47	41																
149	3	Olivia Brazier	32	Go Team	49.7		50	49	50																	
142	3	Gayl Nixon	58	Newcastle (Staffs) AC	47.3	49	47	46																		
137	3	Helen Ranford	53	Newcastle(Staffs) AC	45.7	48	46	43																		
127	3	Caroline Johnson	32	Nantwich RC	42.3	42	41			44																
117	3	Pat Bentley	76	Trentham RC	39.0	39		36		42																
95	2	Alison Condlyffe	53	Newcastle (Staffs) AC	47.5			47		48																
81	2	Carly Hall	35	Stoke FIT	40.5	41	40																			
77	2	Elaine Statham	80	Congleton Harriers	38.5	40		37																		
75	2	Rosie Piggott	65	NSRRA	37.5	36		39																		
75	2	Linda Fernyhough	62	NSRRA	37.5	37		38																		
50	1	Lauren Ford	29	Stone Master Marathoners	50.0			50																		
46	1	Danielle Perry	42	South Cheshire Harriers	46.0					46																
45	1	Vicki Dolman	28	Stone Master Marathoners	45.0	45																				
44	1	Liz Austin	39	Stafford Harriers	44.0		44																			
34	1	Paula Anderson	56	Silverdale RC	34.0			34																		
Pts	Rs	Group Y	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
197	4	Nic Shrubb	35	Unattached	49.3		49	50	50	48																
185	4	Emma Burley	41	Trentham RC	46.3	40		48	48	49																
171	4	Sarah Aitkenhead	43	Stafford Harriers	42.8	37	47	44		43																

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143	4	Daniel Alcock	32	NSRRA	35.8	25	34		43	41															
139	5	James Mitchell	39	Stoke FIT	27.8	17	27	34	36	25															
138	3	Martin Cross	34	Stone Master Marathoners	46.0	44	45		49																
134	3	Sidney Hibberd	16	Boalloy RC	44.7	42		46		46															
128	4	Ian Watt	34	Stone Master Marathoners	32.0	21	33		41	33															
126	3	Dre Cristini	35	Nantwich RC	42.0	39		44		43															
126	5	Gregory Ankers	37	NSRRA	25.2	11	25	33	34	23															
124	3	Chris Watson	37	Trentham RC	41.3	38	43	43																	
120	5	Chris Turner	39	Staffs Moorlands AC	24.0	13	23	30	32	22															
118	4	Daniel Mellor	37	Alsager Runners	29.5	20		35	37	26															
108	3	Tom Woolliscroft	38	Gator AC	36.0	36			38	34															
104	3	Ben Russell	38	Stoke FIT	34.7	29	39	36																	
90	2	Sam Mensing	17	Newcastle(Staffs) AC	45.0	43		47																	
89	2	Nathan Smith	32	Gator AC	44.5	45				44															
87	3	Jacob Peart	30	NSRRA	29.0	26	31			30															
80	2	Martin Winkles	36	Stafford Harriers	40.0		40			40															
80	3	Ben Freeman	38	South Cheshire Harriers	26.7	19	26		35																
79	2	Ashleigh Baker	31	Unattached	39.5		37		42																
78	2	Chris Mosiuk	39	Trentham RC	39.0	41				37															
76	2	Leo Wheeler	36	Silverdale RC	38.0			40		36															
75	2	Joe Clapham	38	Trentham RC	37.5	31			44																
74	3	Rob Sillito	36	Stoke FIT	24.7	12		29	33																
70	2	James Madley	23	Stoke FIT	35.0	34	36																		
68	3	Alexander Baggaley	16	Trentham RC	22.7	16		31		21															
67	2	Peter Harris	36	South Cheshire Harriers	33.5	30		37																	
63	2	Matthew Kingston	31	Essington Harriers	31.5			32	31																
63	3	Thomas Forrester	37	NSRRA	21.0	15	24			24															
57	2	Adam Goodger	39	Uttoxeter RR	28.5		28			29															
56	3	Mark Cope	38	NSRRA	18.7	9		28		19															
54	2	Marc Willett	39	Silverdale RC	27.0	27				27															
49	1	Ben Brereton	30	Newcastle (Staffs)AC	49.0	49																			
48	1	Ben Marshall	33	Gator AC	48.0		48																		
45	1	Rob Humphries	37	Rugeley Runners	45.0				45																
42	2	Dan Woolliscroft	33	Gator AC	21.0	14				28															
38	1	Rich Keen	36	Gator AC	38.0					38															
37	1	Adam Marsland	39	Unattached	37.0	37																			
35	1	Alexander Prince	31	Unattached	35.0					35															
35	1	Shane Baskeyfield	28	Unattached	35.0		35																		
35	1	Tom Wise	35	Stone Master Marathoners	35.0	35																			
32	1	Elliot Boyle	31	Unattached	32.0		32																		
30	1	Stuart Gregory	39	Desford Striders	30.0				30																
30	1	Lee Lawton	28	Unattached	30.0		30																		
28	1	Nathan Kapp	33	South Cheshire Harriers	28.0	28																			
22	1	George Dean	30	Trentham RC	22.0	22																			
20	1	David Wallace	39	Stoke FIT	20.0					20															
18	1	Jack Fitzgerald	21	Unattached	18.0	18																			
10	1	Alfie Brookes	22	NSRRA	10.0	10																			
Pts	Rs	Male 40 to 44	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT
222	5	Dan Gardner	43	NSRRA	44.4	39	44	48	47	44															
213	5	Chris Hallsworth	40	Lonely Goat RC	42.6	37	43	46	46	41															

180	4	Rob Metcalf	44	Stone Master Marathoners	45.0	40	45	47	48																	
148	4	Jon Land	40	Go Team	37.0	27	39	45		37																
142	3	Lee Davies	40	Silverdale RC	47.3		47		49	46																
139	4	James Warburton	44	Unattached	34.8	25	36	42		36																
123	3	Ryan Dale	44	NSRRA	41.0			43	42	38																
116	3	Matthew Burley	44	Trentham RC	38.7	32			44	40																
114	3	Antonio Treglia	44	Stafford Harriers	38.0	34	41			39																
111	3	Jason Dean	40	NSRRA	37.0	29	38	44																		
98	2	Ben Bewley	43	Newcastle (Staffs) AC	49.0			50		48																
97	2	Adam Tyson	43	Newcastle (Staffs) AC	48.5	48				49																
97	2	Sam Risillo	40	Stone Master Marathoners	48.5		48	49																		
95	2	David Tudor	41	NSRRA	47.5				50	45																
95	2	Simon Fawcett	44	Unattached	47.5	46	49																			
91	2	Chris Ridgway	41	Congleton Harriers	45.5	44				47																
87	2	Richard Hough	40	Newcastle(Staffs) AC	43.5				45	42																
87	2	Ian Barker	40	NSRRA	43.5	41	46																			
86	2	Paul Roden	43	Unattached	43.0	43				43																
77	2	David Nimmo	43	South Cheshire Harriers	38.5	35	42																			
73	2	James Tutton	44	Stoke FIT	36.5	33	40																			
71	2	Edward Swann	43	NSRRA	35.5	28			43																	
63	2	David Wain	42	Silverdale RC	31.5	26	37																			
50	1	Matt Eardley	43	City of Stoke AC	50.0	50																				
50	1	Pat Buckingham	41	Gator AC	50.0					50																
50	1	Paul Sissons	44	Stone Master Marathoners	50.0		50																			
49	1	Martin Pratt	41	Trentham RC	49.0	49																				
47	1	Craig Taylor	43	Newcastle (Staffs) AC	47.0	47																				
45	1	Alex Harford	44	Newcastle (Staffs) AC	45.0	45																				
42	1	Lee Turner	41	NSRRA	42.0	42																				
41	1	Jon Hillman	41	NSRRA	41.0				41																	
38	1	Tom Watson	44	Boalloy RC	38.0	38																				
36	1	Christopher Swann	42	South Cheshire Harriers	36.0	36																				
35	1	Andrew Boulton	44	Unattached	35.0		35																			
31	1	Jonathan Green	43	South Cheshire Harriers	31.0	31																				
30	1	Chris Hall	41	Silverdale RC	30.0	30																				
Pts	Rs	Male 45 to 49	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
244	5	Leigh Matthews	49	NSRRA	48.8	49	50	48	49	48																
217	5	Scott Zikmanis	47	Newcastle (Staffs) AC	43.4	35	47	44	48	43																
205	5	Richard Dunn	49	NSRRA	41.0	32	45	43	46	39																
200	4	Carl Moulton	45	Boalloy RC	50.0	50		50	50	50																
187	4	Darren Mottram	49	Biddulph RC	46.8	48	49	46		44																
139	3	Paul Williams	47	Go Team	46.3	46	48			45																
126	3	Richard Ankers	46	Newcastle (Staffs) AC	42.0	37			47	42																
121	3	Colin McEvoy	45	Trentham RC	40.3	43		45		33																
118	3	Richard Cherrington	49	South Cheshire Harriers	39.3	33	44	41																		
114	3	Richard Cooke	46	Stone Master Marathoners	38.0	34			44	36																
98	2	Steve Jones	48	NSRRA	49.0			49		49																
93	2	Darrell Ward	48	Cheadle RC	46.5			47		46																
91	2	Matt Killeen	45	Newcastle (Staffs) AC	45.5	44				47																
87	2	Russell Wilkes	49	Newcastle (Staffs) AC	43.5	41	46																			

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178	4	Laura Rhodes	42	NSRRA	44.5	42	45	45		46																
164	4	Emma Burley	41	Trentham RC	41.0	36		40	45	43																
158	4	Sarah Aitkenhead	43	Stafford Harriers	39.5	35	44	38		41																
148	3	Natalie Boswell	43	Cannock & Stafford	49.3		50	50	48																	
140	3	Kerry Hammonds	44	Unattached	46.7	45		47		48																
126	3	Amy Till	40	Burntwood Striders	42.0	39		41	46																	
121	3	Emma Shuker	40	Stone Master Marathoners	40.3	37		42		42																
96	2	Jane Steele	40	Trentham RC	48.0	46			50																	
95	2	Lucy Bexon	43	Audley Striders RC	47.5	49		46																		
85	2	Suzanne Dale	43	South Cheshire Harriers	42.5	41		44																		
79	2	Emma Copeland	44	Silverdale RC	39.5	40		39																		
48	1	Julie Parry	44	Newcastle (Staffs) AC	48.0		48																			
48	1	Rachael Shankland	40	Stoke FIT	48.0	48																				
47	1	Nicola Blackett	41	Fordy Runs	47.0					47																
45	1	Danielle Perry	42	South Cheshire Harriers	45.0					45																
44	1	Jane Johnson	44	Newcastle (Staffs) AC	44.0	44																				
38	1	Rachel Hall	44	Silverdale RC	38.0	38																				
Pts	Rs	Lady 45 to 49	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
187	4	Laura Hughes	45	Trentham RC	46.8	44	50	47		46																
185	4	Emily Sharp	45	Unattached	46.3	45	49	46		45																
174	4	Emma Phillips	46	Newcastle(Staffs) Tri Cl	43.5	40		44	48	42																
148	3	Mellissa Salmon	45	Silverdale RC	49.3	50		49		49																
129	3	Toni Collier	46	Fordy Runs	43.0	39	47			43																
128	3	Jen Woodhead	49	Trentham RC	42.7			41	49	38																
125	3	Rebecca Ibbs	48	Newcastle (Staffs) AC	41.7	41		43		41																
99	2	Carey Dyer	48	NSRRA	49.5	49		50																		
98	2	Helen Somers	49	Stone Master Marathoners	49.0				50	48																
94	2	Rachel Beach	45	South Cheshire Harriers	47.0	47				47																
94	2	Sherrie Brereton	47	Nantwich RC	47.0	46		48																		
91	2	Sara Morris	49	Stone Master Marathoners	45.5	43	48																			
91	2	Emma Boulton	47	Stone Master Marathoners	45.5		44		47																	
89	2	Lisa Chadwick	45	Nantwich RC	44.5			45		44																
88	2	Kat Arnold	45	South Cheshire Harriers	44.0	42	46																			
81	2	Kerry Hopkinson	46	NSRRA	40.5			42		39																
50	1	Hazel Burgess	49	Trentham RC	50.0					50																
48	1	Claire Kivlin	46	South Cheshire Harriers	48.0	48																				
45	1	Tracy Czyzyk	47	Unattached	45.0		45																			
40	1	Kate Hopkinson	46	NSRRA	40.0					40																
Pts	Rs	Lady 50 to 54	Age	Club	Ave	A5	RT	CT	UH	CT	W5	MB	ST	C4	SK	I5	TT	S5	DT	SC	NT	WT	MH	FF	CT	
196	4	Eleanor Dronzek	50	Uttoxeter RR	49.0	47	50	49		50																
145	3	Helen Ranford	53	Newcastle(Staffs) AC	48.3	48	49	48																		
144	3	Susan Twardlocheb	52	Newcastle (Staffs) AC	48.0	49	48	47																		
136	3	Jo Espley	51	Stafford Harriers	45.3	44		45		47																
99	2	Alison Condlyffe	53	Newcastle (Staffs) AC	49.5			50		49																
92	2	Ruth Farrell	51	Stoke FIT	46.0	46	46																			
91	2	Amy Mayell	50	Sandbach Striders	45.5	45				46																
50	1	Joanne Stanfield	54	Trentham RC	50.0	50																				
48	1	Helen Wassall	51	Boalloy RC	48.0					48																
47	1	Sally Haycock	50	Stafford Harriers	47.0		47																			

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196	L	Amanda Kelly	38	City of Stoke AC	99.3	100	97.9	100																	
744	L	Joanne Stanfield	54	Trentham RC	98.8	98.8																			
183	L	Carol Higgs	62	Trentham RC	97.6	97.6																			
691	L	Sarah Taylor	57	Trentham RC	97.4	95.3		98.5		98.3															
636	W	Hazel Burgess	49	Trentham RC	94.9					94.9															
101	M	Caitlin Taylor	17	Newcastle (Staffs) AC	93.5	92.9		90.9		96.6															
50	M	Carey Dyer	48	NSRRA	93.0	90.6		95.4																	
436	L	Victoria McKenna	24	South Cheshire Harriers	92.9	96.5		89.3																	
391	M	Mellissa Salmon	45	Silverdale RC	92.7	94.1		92.4		91.5															
873	M	Holly McIntosh	23	Stone Master Marathoners	91.4	91.8	95.9	97.0	80.8																
161	M	Lisa Dillon	40	Cannock & Staffs AC	89.7	88.2	89.7	87.8		93.2															
11	L	Claire Kivlin	46	South Cheshire Harriers	89.4	89.4																			
899	L	Natalie Boswell	43	Cannock & Stafford	87.8		91.8	93.9	77.6																
358	M	Julie Parry	44	Newcastle (Staffs) AC	87.6		87.6																		
288	W	Carly Chawner	36	Stoke FIT	87.0	80.0	81.4		96.8	89.8															
272	M	Julia Young	33	Newcastle (Staffs) AC	87.0	87.0	83.5		90.4																
653	W	Hayley Biggs	39	NSRRA	86.4			84.8		88.1															
424	M	Jane Steele	40	Trentham RC	85.6	77.6			93.6																
549	L	Chris Skellern	62	Stafford Harriers	85.4	84.7	85.6	83.2	87.2	86.3															
62	L	Laura Hancock	39	Stone Master Marathoners	84.2		93.8		74.5																
279	X	Lauren Ford	29	Stone Master Marathoners	81.7			81.7																	
130	M	Rachael Shankland	40	Stoke FIT	81.1	81.1																			
438	W	Julianne Kettle	41	Silverdale RC	79.9	78.8	75.2	78.7	84.0	82.9															
174	M	Rachel Beach	45	South Cheshire Harriers	79.2	82.3				76.1															
125	M	Bethany Hillman	30	The Arcade Crafty Runner	78.0	83.5	79.4	86.3	68.1	72.7															
344	W	Lucy Bexon	43	Audley Striders RC	77.7	85.9		69.5																	
90	M	Helen Somers	49	Stone Master Marathoners	76.3				71.3	81.2															
83	M	Sherrie Brereton	47	Nantwich RC	76.0	76.4		75.6																	
335	W	Kerry Hammonds	44	Unattached	76.0	72.9		77.2		77.8															
55	W	Melonie Deakin	55	Stafford Harriers	75.1	64.6	71.1	80.2		84.6															
827	W	Rachel Marshall	33	Unattached	73.2	75.2			64.9	79.5															
167	W	Laura Hughes	45	Trentham RC	71.1	70.5	67.0	72.6		74.4															
35	X	Olivia Brazier	32	Go Team	71.0		77.3	74.1	61.7																
105	W	Nicola Blackett	41	Fordy Runs	71.0					71.0															
704	W	Jane Johnson	44	Newcastle (Staffs) AC	69.4	69.4																			
659	X	Emily Sharp	45	Unattached	69.3	71.7	64.9	71.1		69.3															
862	M	Nikki Towle	58	Stone Master Marathoners	69.1		69.1																		
360	X	Alison Condlyffe	53	Newcastle (Staffs) AC	66.9			68.0		65.9															
877	X	Eleanor Dronzek	50	Uttoxeter RR	66.6	62.3	73.2	63.4		67.6															
836	W	Julie Dudley	65	Cheadle RC	65.0	74.1	56.7			64.2															
631	W	Lisa Chadwick	45	Nantwich RC	64.4			66.5		62.4															
447	X	Gayl Nixon	58	Newcastle (Staffs) AC	64.3	67.0	60.8	65.0																	
497	M	Abigail Wise	29	Stone Master Marathoners	62.9		62.9																		
823	X	Helen Ranford	53	Newcastle(Staffs) AC	61.7	65.8	58.8	60.4																	
698	W	Susan Twardlocheb	52	Newcastle (Staffs) AC	60.6	68.2	54.6	58.9																	
277	X	Vicki Dolman	28	Stone Master Marathoners	59.9	59.9																			
695	X	Danielle Perry	42	South Cheshire Harriers	59.0					59.0															

128	X	Ange Morton	62	Stoke FIT	57.5	61.1	48.4	61.9	58.5																
488	W	Lynda Clare	60	Cannock & Stafford	56.6	63.5	52.6	55.8	55.3	55.6															
94	M	Denise Sandford	60	Uttoxeter RR	55.0	58.8		51.3																	
605	W	Kerry Podmore	50	South Cheshire Harriers	54.3			54.3																	
307	X	Laura Rhodes	42	NSRRA	52.8	52.9	40.2	57.4		60.7															
106	M	Sara Morris	49	Stone Master Marathoners	50.9	57.6	44.3																		
462	X	Rebecca Ellis	43	Silverdale RC	50.9	56.4	42.2	46.7	52.1	57.3															
49	W	Sally Haycock	50	Stafford Harriers	50.5		50.5																		
219	M	Suzanne Dale	43	South Cheshire Harriers	49.3	50.5		48.2																	
339	Y	Rachel Harper	35	NSRRA	47.5	49.3			45.7																
472	W	Maxine Hough	59	South Cheshire Harriers	47.2	44.6		49.7																	
253	X	Liz Austin	39	Stafford Harriers	46.4		46.4																		
350	W	Kat Arnold	45	South Cheshire Harriers	45.0	54.0	36.1																		
376	Y	Louise Hancock	37	Newcastle (Staffs) AC	44.8	37.5				52.2															
295	W	Emma Phillips	46	Newcastle(Staffs) Tri Cl	43.6	39.9		52.8	32.9	48.8															
107	M	Pam Davies	73	Stone Master Marathoners	43.3	55.2		34.5		40.3															
430	Z	Ella Ridgway	22	Unattached	43.3	41.1				45.4															
390	W	Liz Clutton	71	Cheadle RC	42.3	47.0		37.6																	
314	Y	Rebecca Ibbs	48	Newcastle (Staffs) AC	42.2	45.8		42.1		38.6															
136	Y	Nic Shrubb	35	Unattached	41.3		25.8	43.6	48.9	47.1															
608	Z	Emma Shuker	40	Stone Master Marathoners	41.0	34.0		45.2		43.7															
63	Y	Jo Darlington	55	South Cheshire Harriers	40.0	48.1	31.9																		
169	X	Caroline Johnson	32	Nantwich RC	39.7	51.7	34.0			33.4															
181	Z	Amy Till	40	Burntwood Striders	39.5	38.7		40.6	39.3																
5	Z	Toni Collier	46	Fordy Runs	39.3	25.8	38.1			53.9															
132	Y	Emma Copeland	44	Silverdale RC	38.2	43.4		33.0																	
224	W	Karen Murray	59	Stafford Harriers	38.1		29.9		42.5	42.0															
416	Y	Rachel Hall	44	Silverdale RC	35.2	35.2																			
860	W	Helen Wassall	51	Boalloy RC	35.1					35.1															
116	Y	Emma Burley	41	Trentham RC	34.6	22.2		39.1	26.5	50.5															
237	W	Ruth Farrell	51	Stoke FIT	33.0	42.3	23.7																		
826	Y	Laura Barker	33	Trentham RC	32.8	32.8																			
415	X	Carly Hall	35	Stoke FIT	32.1	36.4	27.8																		
470	Y	Katie Harvey	38	Stoke FIT	30.8	31.6		29.9																	
498	Z	Tammy May	25	Gator AC	29.8		21.6	36.0		31.7															
861	Z	April Allcock	34	South Cheshire Harriers	29.5	30.5		28.4																	
841	Z	Laura Hallsworth	36	NSRRA	29.3	29.3	19.6	31.5		36.8															
154	Y	Kate Hopkinson	46	NSRRA	28.3					28.3															
148	Y	Kerry Hopkinson	46	NSRRA	26.8			26.9		26.6															
644	Z	Jen Woodhead	49	Trentham RC	26.0			23.8	36.1	18.1															
37	X	Micheline Tremblay	60	South Cheshire Harriers	22.2	19.9	15.4	25.4	20.2	30.0															
724	X	Elaine Statham	80	Congleton Harriers	22.2	28.1		16.2																	
813	Z	Simone Baggaley	37	Trentham RC	22.1	21.0		19.3	23.4	24.9															
144	Y	Carole Stone	55	Stone Master Marathoners	20.4	17.5				23.2															
85	X	Pat Bentley	76	Trentham RC	19.9	23.4		14.7		21.5															
47	X	Julie Nokes	65	Stafford Harriers	18.2		13.4	13.2	29.7	16.4															
460	Y	Tracy Czyzyk	47	Unattached	17.5		17.5																		
468	Y	Heather Swift	38	Stoke FIT	17.0	26.9		7.1	17.0																
200	Z	Anne Thompson	68	Nantwich RC	16.3	16.3																			

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