

**NSRRA Champions**

| <u>YEAR</u> | <u>MALE CHAMPION</u> | <u>CLUB</u>           | <u>FEMALE CHAMPION</u>        | <u>CLUB</u>              |
|-------------|----------------------|-----------------------|-------------------------------|--------------------------|
| 1975        | Alan Adams           | City of Stoke AC      |                               |                          |
| 1976        | Larry Austin         | City of Stoke AC      |                               |                          |
| 1977        | Alan Mills           | Newcastle (Staffs) AC |                               |                          |
| 1978        | Alan Mills           | Newcastle (Staffs) AC |                               |                          |
| 1979        | Alan Mills           | Newcastle (Staffs) AC | Christine Readdy              | Cannock & Stafford       |
| 1980        | Mike Bishop          | Staffs Moorlands      | Christine Readdy              | Cannock & Stafford       |
| 1981        | Malcolm Mountford    | Stafford AC           | Christine Readdy              | Cannock & Stafford       |
| 1982        | Martin Bishop        | Staffs Moorlands      | Christine Kilkenny nee Readdy | Cannock & Stafford       |
| 1983        | Malcolm Mountford    | Stafford AC           | Celia Hargrave                | Stone Master Marathoners |
| 1984        | Lionel Gowland       | ICL AC                | Celia Hargrave                | Stone Master Marathoners |
| 1985        | Lionel Gowland       | Staffs Moorlands      | Christine Kilkenny            | Cannock & Stafford       |
| 1986        | Lionel Gowland       | Staffs Moorlands      | Dot Fellows                   | Cannock and Stafford     |
|             | Dave Griffen         | Staffs Moorlands      | Elaine Statham                | Stone Master Marathoners |
| 1987        | Lionel Gowland       | Staffs Moorlands      | Christine Kilkenny            | Cannock & Stafford       |
| 1988        | Andy Heathcote       | Macclesfield Harriers | Christine Kilkenny            | Cannock & Stafford       |
| 1989        | Andy Heathcote       | Macclesfield Harriers | Christine Kilkenny            | Cannock & Stafford       |
| 1990        | Andy Heathcote       | Macclesfield Harriers | Christine Kilkenny            | Cannock & Stafford       |
| 1991        | Andrew Geen          | Congleton Harriers    | Christine Kilkenny            | Cannock & Stafford       |
| 1992        | Mark Roberts         | City of Stoke AC      | Christine Kilkenny            | Cannock & Stafford       |
| 1993        | Brian Smith          | PMAC                  | Christine Kilkenny            | Cannock & Stafford       |
| 1994        | Alan Thompson        | PMAC                  | Christine Kilkenny            | Cannock & Stafford       |
| 1995        | Mark Gregory         | Silverdale RC         | Christine Kilkenny            | Cannock & Stafford       |
| 1996        | Richard Washington   | Creda RC              | Christine Kilkenny            | Cannock & Stafford       |
| 1997        | Malcolm Eustace      | Aldridge RC           | Christine Kilkenny            | Cannock & Stafford       |

|      |                 |                          |                    |                          |
|------|-----------------|--------------------------|--------------------|--------------------------|
| 1998 | Eddie Whittaker | Uttoxeter RR             | Christine Kilkenny | Cannock & Stafford       |
| 1999 | Andrew Williams | City of Stoke AC         | Christine Kilkenny | Cannock & Stafford       |
| 2000 | Mike Clarke     | Chase Harriers           | Christine Kilkenny | Cannock & Stafford       |
| 2001 | Maurice Oldham  | Manchester Harriers      | Ruth Watchorn-Rice | Cheadle RC               |
| 2002 | Maurice Oldham  | Manchester Harriers      | Lynne Richards     | Newcastle (Staffs) AC    |
| 2003 | Ray Plant       | Newcastle (Staffs) AC    | Julia Myatt        | Newcastle (Staffs) AC    |
| 2004 | Ray Plant       | Newcastle (Staffs) AC    | Julia Myatt        | Newcastle (Staffs) AC    |
| 2005 | Ashley Grey     | Shrewsbury AC            | Julia Myatt        | Newcastle (Staffs) AC    |
| 2006 | Ben Gamble      | Tipton Harriers          | Ruth Watchorn-Rice | Cheadle RC               |
| 2007 | Ben Gamble      | Tipton Harriers          | Ruth Watchorn-Rice | Cheadle RC               |
| 2008 | Ben Gamble      | Tipton Harriers          | Ruth Watchorn-Rice | Cheadle RC               |
| 2009 | Ben Gamble      | Tipton Harriers          | Ruth Watchorn-Rice | Cheadle RC               |
| 2010 | Mark Neeld      | Stone Master Marathoners | Michelle Buckle    | Newcastle (Staffs) AC    |
| 2011 | Carl Moulton    | Boalloy RC               | Mandy Vernon       | Trentham AC              |
| 2012 | Carl Moulton    | Boalloy RC               | Mandy Vernon       | Trentham AC              |
| 2013 | Carl Moulton    | Boalloy RC               | Michelle Buckle    | Newcastle (Staffs) AC    |
| 2014 | Ben Gamble      | Tipton Harriers          | Michelle Buckle    | Newcastle (Staffs) AC    |
| 2015 | Carl Moulton    | Boalloy RC               | Wendy Mullineux    | Trentham AC              |
| 2016 | Carl Moulton    | Boalloy RC               | Michelle Buckle    | Newcastle (Staffs) AC    |
| 2017 | Simon Myatt     | Newcastle (Staffs) AC    | Kristina Defries   | Trentham AC              |
| 2018 | Carl Moulton    | Boalloy RC               | Sophie Goodfellow  | Newcastle (Staffs) AC    |
| 2019 | Carl Moulton    | Boalloy RC               | Nia Nokes          | Stone Master Marathoners |
| 2020 | Ross Connor     | City of Stoke AC         | Kelly Butler       | Birchfield Harriers      |
| 2021 | Andrew Lamont   | Unatt                    | Michelle Buckle    | Silverdale RC            |
| 2022 | Carl Moulton    | Boalloy RC               | Kelly Butler       | City of Stoke AC         |
| 2023 | Carl Moulton    | Boalloy RC               | Izzy Shaw          | Trentham AC              |

|      |              |                       |                   |                  |
|------|--------------|-----------------------|-------------------|------------------|
|      | Sam Crozier  | Newcastle (Staffs) AC |                   |                  |
| 2024 | Carl Moulton | Boalloy RC            | Georgia Stanfield | Trentham AC      |
| 2025 | Tom Chell    | City of Stoke AC      | Amanda Kelly      | City of Stoke AC |